# **Practical Support Service**

#### **Tenancy Start Up Service Specification**

This service will offer support to residents of Tamworth who may need a short support package to cover one or more of the following areas:

## Maintain a Safe and Warm Home - Priority area

- Clean and sanitary home environment
- Free from hazards
- Heating and cooking appliances available
- Furnished to appropriate level
- Support with moving to new home

Other Services/Providers available to support:

Heat

**YMCA** 

Tamworth CAN

Fire Service

HomeStart

**Tamworth Council Landlord Services** 

## Maintain Financial Wellbeing - Priority area

- Understanding budgeting skills
- Ability to manage household bills (utility bills/tariffs)
- Access to benefits
- Paying rent sustaining tenancy

Other Services/Providers available to support:

Tamworth CAN

CAB

**Christians Against Poverty** 

Tamworth Benefits Team

Online help tools

## Support for Children and Young People

- Children attending school
- Routines in place
- Children clean and well fed

Other Services/Providers to support:

Home-Start

Multi-Agency Centres (MACs at Secondary Schools)

Children's Centre

Mother and Toddler groups
Play Schemes
Holiday Clubs – SPACE in Summer Holidays
Health Visitors
Local Support Team

## **Promote Healthy Living**

- Improve emotional wellbeing
- Reduce social isolation
- Medical needs identified and support provided
- Promote healthy eating and cooking
- Promote exercise

Other Services/Providers to support:

Community Café

**GPs** 

GP referral gym

Lifestyle Service – smoking cessation, weight management

Malachi Family Specialist Support Services

Choices (emotional wellbeing)

Age UK

**CRUSE** 

**Alzheimers Society** 

Samaritans

Social and support groups as appropriate

The service will provide a 12 week maximum intervention with reducing level of support over this period. A clear exit strategy and referral routes will be identified and an impact assessment carried out. A telephone support service will be available after 12 weeks.

Access to the service will be via TBC Housing team but the service will be available **cross tenure**.

### **Extra Support at Home Specification**

This service will offer support to residents of Tamworth who may need a short support package to cover one or more of the following areas:

#### Maintain a Safe and Warm Home

- Clean and sanitary home environment
- Free from hazards
- Heating and cooking appliances available
- Furnished to appropriate level

Other Services/Providers to support:

Heat
YMCA
Tamworth CAN
Fire Service
HomeStart
Foodbank
Tamworth Council Landlord Services

## **Maintain Financial Wellbeing**

- Understanding of budgeting skills
- Ability to manage household bills (utility bills/tariffs)

Other Services/Providers to support: Tamworth CAN CAB Christians Against Poverty Tamworth Benefits Team Online help tools

## **Support for Children and Young People**

- Children attending school
- Routines in place
- Children clean and well fed

Other Services/Providers to support:
Home-Start
Multi-Agency Centres (MACs at Secondary Schools)
Children's Centre
Mother and Toddler groups
Play Schemes
Holiday Clubs – SPACE in Summer Holidays
Health Visitors
Local Support Team

## **Promote Healthy Living**

- Improve emotional wellbeing
- Reduce social isolation
- Medical needs identified and support provided
- Promote healthy eating and cooking
- Promote exercise

Other Services/Providers to support: Community Café GP's and GP referral gym Lifestyle Service – smoking cessation, weight management
Malachi Family Specialist Support Services
Choices (emotional wellbeing)
Age UK
CRUSE
Alzheimers Society
Samaritans
Social and support groups as appropriate

The service will provide a maximum 12 week intervention with reducing level of support over this period. A clear exit strategy and referral routes will be identified and an impact assessment carried out. A telephone support service will be available after 12 weeks.

Access to the service will be via TBC Housing team but the service will be available **cross tenure**.